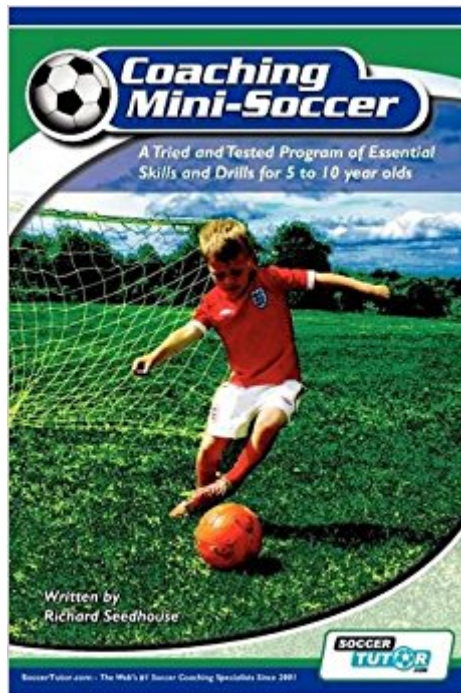


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Coaching Mini Soccer: A Tried And Tested Program Of Essential Skills And Drills For 5 To 10 Year Olds



Synopsis

Coaching Mini Soccer - A Tried and Tested Program of Essential Skills and Drills for 5 to 10 year olds FACT - Eight players in the last three years have been signed by professional clubs through participation in this program! Coaching Mini Soccer (5 - 10 years) book contains a complete and proven full season training program comprising 12 main sessions and over 70 interchangeable drills to coach the skills required to produce academy standard players and teams. FACT - eight players in the last three years have been signed by professional clubs through participation in this program. In its basic form the program can be used by grassroots youth clubs for coaching skills in their soccer academies, community soccer programs, after school programs, or by primary school teachers as a term based program. As the players develop through the program and form Mini-Soccer teams the coach can draw on the programs tactical games to aid formations and small sided games to improve creativity, game awareness and problem solving. Bonus drills are also included as the program matures with the players providing an easy to follow and proven structure for any club, team or school to follow. This is simply the only book any coach of players between 5 and 10 years will ever need to provide proven training sessions every single week. Does it work? In 2010 the local Championship Club took 5 players at U9 from its home city, 3 of them were from Coundon Court FC this made 8 players in three years signed by two different professional clubs and all coached using the program in this book. Coaching Mini-Soccer is specifically written to be the only book any coach of players between 5 and 10 will ever need to provide proven training sessions every single week. What's included in the Book ? 1. 12 main pre-set sessions that have been tried and tested and highly successful 2. Over 70 interchangeable drills required to produce academy standard players and teams 3. Attributes essential for developing players 5 to 10 years: Review "The extra drills provided mean the sessions can be easily adapted to improve the skills of any players beings coached, irrelevant of age, experience or current ability and unlike most drill books I could use every one of these" Richard Thomas, Technical Skills Coach - Leyton Orient FC --Book Review August 2010 - www.SoccerTutor.com "This coaching plan provides young players with all the fundamental technical skills needed to be learnt at these critical ages" Gwynne Berry, International Director for Concept4Football Academy Technical Coach - West Ham United FC --Book Review August 2010 - www.SoccerTutor.com "We have signed 4 players for our academy who have been coached using this program" Wayne Bates, Premier League Academy Scout --Book Review August 2010 - www.SoccerTutor.com "This is a structured program of sessions that will improve grassroots players" Terry Harvey, Director, Elite Sports Development Company --Book Review August 2010 - www.SoccerTutor.com

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Customer Reviews

As a young coach just starting out, this book has given me hundreds of coaching ideas that have worked time and time again with children off all ages, This book also highlights the importance of how enjoyable coaching and playing football should be, if you are looking for a coaching book that not only gives you sessions that players can take part in but also how to get your players to enjoy them then this book is for you!

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